

# Sanguine

## Strengths

Enjoys life  
Retains childlike wonder  
Maintain happy thoughts  
Never bored  
Optimistic  
Lives in the present  
Easily forgets the past  
Easily inspired  
Boundless enthusiasm  
Lets life unfold naturally  
Friendly  
Genuine love for people  
Charismatic

## Weaknesses

Restless  
Impractical  
Disorganized  
Excitable  
Unproductive  
Weak-willed  
Undisciplined  
Enormous need for approval  
Unreliable  
Disloyal  
Egotistical  
Emotionally unstable  
Easily discouraged  
Quick to anger



From the book Spirit-Controlled Temperament  
Get the Book Here <https://amzn.to/2EaqoFA>  
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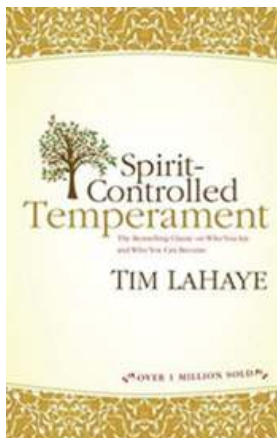
# Choleric

## Strengths

Strong-willed  
Self-disciplined  
Determined  
Confident  
Aggressive  
Planner  
Acts purposefully  
Tenacious ability to stick with something  
Practical  
Intuitive  
Organized  
Natural leader  
Good judge of people  
Bold in emergencies  
Optimistic  
Adventuresome  
Pioneering spirit  
Goal oriented  
Not discouraged by adversity

## Weaknesses

Emotional deficiency  
Hot-tempered  
Carries grudges  
Vengeful  
Cruel  
Unsympathetic  
Crafty  
Difficulty apologizing  
Difficulty showing approval  
Impetuous  
Proud  
Stubborn  
Blunt  
Haughty  
Domineering  
Difficulty recognizing his/her need for God



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# Melancholy

## Strengths

Sensitive  
High IQ  
Creative  
Gifted  
Detail-oriented  
Analytical  
Faithful  
Self-sacrificing  
Do not seek attention or fame  
Driven to do good for mankind  
Accurately evaluate personal abilities and limitations  
Precise communicators

## Weaknesses

Self-centered  
Easily offended  
Suspicious  
Pessimistic  
Perfectionistic  
Fearful  
Indecisive  
Critical  
Moody  
Vengeful  
Unforgiving



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# Phlegmatic

## Strengths

Sense of humor  
Not easily excited  
Dependable  
Cheerful  
Good-natured  
Faithful  
Easy-going  
Good listener  
Gives thoughtful counsel  
Practical  
Efficient  
Well-organized  
Works well under pressure  
Neat  
Accurate  
Precise

## Weaknesses

Lazy  
Unmotivated  
Teases others/stirs up anger  
Selfish with money, effort, and emotions  
Stubborn  
Slow to act  
People pleaser



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