

WEEK FOUR

Worship Strengthens Our Faith

WEEK FOUR BIBLE STUDY

Worship Strengthens Our Faith

“...worship doesn’t just get us ready to take on the tasks before us, it also carries us through the times that test us.” -Emily Roberts

If you have time this week, read for yourself the story of David, beginning in I Samuel 16. To sum up, David was a young boy quietly serving his father as a shepherd in the sanctuary of his fields. He then experienced great fame and success in both his personal and private lives. Then he humiliated himself in front of his enemies to simply stay alive.

Have you ever experienced a dramatic high? How did this experience change your view of yourself? Of the world? Of God?

Have you ever experienced a dramatic low? How did this experience change your view of yourself? Of the world? Of God?

“...David understood something important: God did not become smaller just because his days had become darker.”

Read Psalm 34. What is the overarching mood of this work? Does it fit David’s circumstance? How do you account for the discrepancy?

Charles Swindoll said, “I am convinced that life is 10% what happens to me and 90% how I react to it.” If this is true, how can you make sure that you react to your situations in the most beneficial way?

Can worship shape your reactions and keep you in a right frame of mind?

WEEK 4 GUITAR SESSION

Goals

1. Learn the E minor chord
2. Smooth switching in a chord progression
3. Practice playing part of a song with “Holy Spirit” and “Found in You”

This week is about getting a little bit better at playing and changing chords! It’s about gaining confidence and getting more comfortable with the chords and strumming as we prepare to put together our final song next week!

Quick Tips for Guitar Session

1. **Third Finger Anchor** - On the E minor chord, you can also leave your third and fourth finger down if you want to. It makes it easier and sounds good too. You are leaving the third finger down as an anchor between all 4 chords - G C D Em
2. **Don’t forget the ROOT** - The root note of the E minor is the OPEN LOW E STRING. Make sure you pay special attention to that low E note and make sure you hit it well and let it ring out over the chord.

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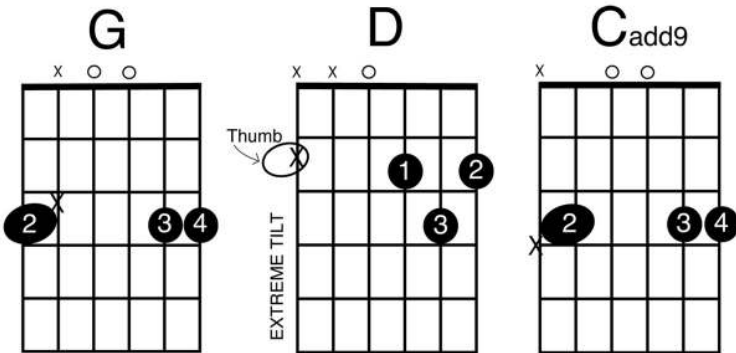
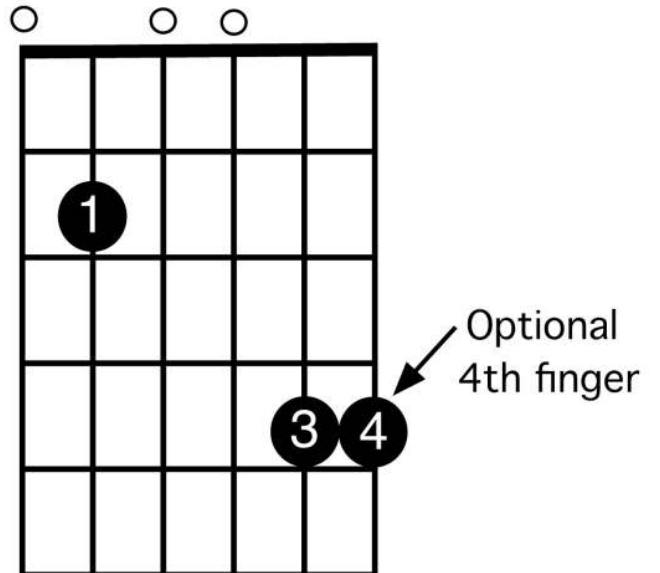
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WEEK 4 GOALS:

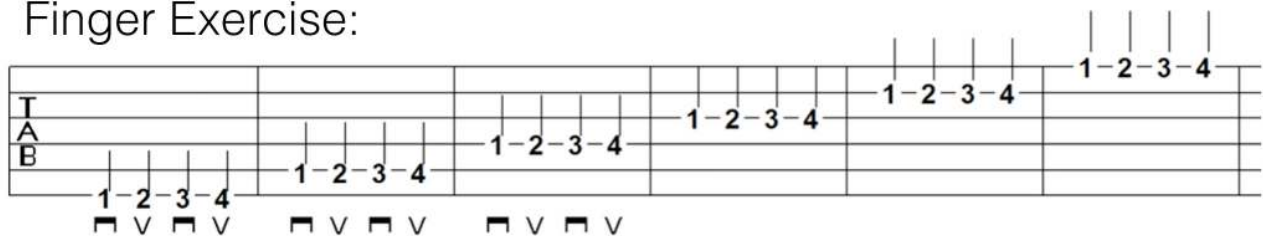
- LEARN THE Em CHORD
- SMOOTH SWITCHING IN A CHORD PROGRESSION
- PRACTICE WITH HOLY SPIRIT AND FOUND IN YOU

NEW CHORD!

Em7



Finger Exercise:



Continue down - up alternating picking.....

